

THIRD INTERNATIONAL CONFERENCE ON POSITIVE PSYCHOLOGY BY NPPA 2025 SCHEDULE

DAY 1 SLOT 1 (28th MARCH, 2025)

Time (IST)	SESSION 1 Sub-theme: Applied Positive Psychology	SESSION 2 Sub-theme: Cross-Cultural Perspectives on Happiness	SESSION 3 Sub-theme: The Role of Socio-Demographic and Economic Factors in Well-Being	SESSION 4 Sub-theme: Cultural Definitions of Well-Being; Culture, Aging, and Positive Psychology	SESSION 5 Sub-theme: Positive Psychology and Public Policy; Practical Applications of Positive Psychology in Different Cultural Contexts; Culture-Based Positive Technology Interventions	SESSION 6 Sub-theme: Miscellaneous
	Chairperson: Prof. Parwinder Singh Department of Humanities and Social Sciences, IIT Ropar, Ropar	Chairperson: Prof. Keerti Shukla BML Munjal University, Gurugram	Chairperson: Prof. Anindita Ghosh Department of Liberal Arts IIT Bhilai, Bhilai	Chairperson: Prof. Chandrani Sen, Department of Psychology, Rajasthan University, Jaipur	Chairperson: Prof. Swati Patra School of Social Sciences Indira Gandhi National Open University, New Delhi	Chairperson: Prof. Geetika Tankha Department of Psychology Manipal University, Jaipur
	Enhancing Well-Being Through Applied Positive Psychology: A Review of Lifestyle Interventions and Strategies. <i>Priyanka & Bijender Singh.</i>	Exploring Humour Styles, Happiness Fragility, and Loneliness Among College Students. <i>Dr. Sneha Nathawat & Mahadevaswamy M.</i>	The Role of Sociodemographics on Flow States and Performance of High-School Football Players: A Pilot Study. <i>Darlene Amanda Maria Mascarenhas, Dr. Keshava Pai K, & Dr. Rajath Rao.</i>	Through the Looking Glass: Reviewing Cross-Cultural Conceptions of Psychological Well-Being. <i>Ms. Cheryl Jolly & Dr. Yogita Sharma.</i>	Exploring Positive Psychology in National Mental Health Policies: A Global Comparative Perspective. <i>Nandha Kumar V, Sathvikaravi, Lekshmi Parvathy & Fiona Rachel Sony.</i>	Mental Health, Resilience and Happiness Quotient Amongst the LGBTQ Community in India. <i>Neha Pradhan & Mayurakshee Das.</i>
	Resilience's Impact on Coping Strategy and Post-Traumatic Growth in Breast Cancer Patients During Treatment. <i>Varsha Gahane & Yogesh Deshpande.</i>	Subjective Expressions of Happiness and Cross-Cultural Examination. <i>Dr. Deepthi Balla.</i>	An Analysis of Socio-Demographic Influences in Smartphone Addiction Among University Students: A Cross-sectional Study. <i>Sakshi Patil, Kanishka Sharma, Sushil Chandra & Manjitha Banerji.</i>	Well-Being Beyond Borders: The Influence of Cultural Values on Human Flourishing. <i>Prasanth Chandrasekaran & Srilogeshwari Moorthi</i>	ANALYZING THE BEHAVIOR A/B PATTERNS OF GNM NURSING STUDENTS: A CROSS-SECTIONAL STUDY. <i>Dr. Pankaj Lakhan Singh & Dr. Himanshu Dua.</i>	Resilient India, Our Secret Sauce To Transcendence, From Survival Mode To Thrive To Unlock Our Happiness, Is Embracing Our Culture All With The Perspective of Positive Psychology. <i>Jaya Khare.</i>
11:45 AM-1:00 PM	Spiritualization of Workplaces: Advancing Personal and Organisational Wellness through Workplace Spirituality. <i>Vrinda Tuteja & Dr. Garima Rajan.</i>	Exploring the Nexus Between India's Economic Climate and Inter-Cultural Perspectives on Happiness. <i>Sai Abhijeet Varshaa Roopesh Ratnaparke & Moitrayee Das.</i>	Alcohol Consumption, Personal Values, and Self-consciousness in Metropolitan and Non-Metropolitan. <i>Vidharshana M. & Anurekha T K., Ph.D.</i>	Cultural Conceptions of Well-Being: Insights from Intergenerational Perspectives Across India. <i>Tanya Sharma & Ananya Krishnan.</i>	Inculcating Workplace Mindfulness: A Gateway to Flow, Employee Well-Being and Organisational Success! <i>Charvi Kashyap & Dr. Garima Rajan.</i>	Exploring the Interplay of Poverty and Mental Health in Shaping Juvenile Delinquency in Tripura. <i>Aparajita Das & Dr Amrita Banerjee.</i>
	Personality Traits and Environmental Attitudes: A Study Among College Students. <i>Kavya G & Dr. R. Nithya.</i>	Comprehending Happiness Through Cultural Lens: A Qualitative Study on Young Working Adults. <i>Sahil Mishra, Sharanya Paul, Teesta Saha & Anindita Mukherjee.</i>	EXPLORING THE IMPACT OF OCCUPATION AND MARITAL STATUS ON MENTAL HEALTH IN THE TRIBAL COMMUNITY. <i>Akanksha Upadhyay & Piyush Piyush Kr. Tripathy.</i>	Decolonizing the "Happiness" of Positive Psychology: A Vedantic Perspective. <i>Prasha Saggi & Abhoy K. Ojha.</i>	Beyond Western Paradigms: The Bhagavad Gita's Role in a Global Positive Psychology. <i>Sai Kiran Gannamraju & Venkatesh Chembrolu.</i>	Emotional Regulation in Aging: An Analysis of Younger and Older Elderly Using Resilience Theory. <i>Priyansi Kanakia & Dr. Nasreen Ansari.</i>
	Social Emotional Learning Intervention to Enhance Grit Among Children of Migrant Workers: An Experimental Study. <i>B. Vidya & Dr. K. V. Krishna.</i>	Happiness and Religiosity Among Youth From an Indian Context: A Correlational Study. <i>Rohit Jaiswal, Riya Kashyap, Finny Sam Thomas & Heni Desai.</i>	Determinants of Happiness -A Semi-Systematic Review of Indian Contemporary Research. <i>Dr. Karishma Trivedi and Prof. Shailendra Singh.</i>	Exploring Midlife Beyond Midlife Crisis - Opportunities and Well-Being Among Females. <i>Anushka Arathdar & Papri Das.</i>	VR-based Mindfulness Intervention: A Cultural Approach. <i>Sakina A Bharmal, Gayatri Sawant, Pallavi Devi & Dr. Monalisa Nayak.</i>	CAPture-Befriend - A Guided Self-Help Intervention for Cultivating Positive Emotions in Young Adults in India. <i>Ummul Fatima & Dr. Seema Mehrotra.</i>
	Exploring the Implications of Karma Yoga on Individual Transformation and Societal Development. <i>Sonam Yadav & Dr. Madhu Bala.</i>	The Media Lense of Culturally Different Emotional Perceptions & Behaviors. <i>Tia Arora.</i>	Alcohol Consumption, Personal Values, and Self-consciousness in Metropolitan and Non-Metropolitan. <i>Vidharshana M. & Anurekha T K., Ph.D.</i>		Eudaimonic Well-Being in the Digital Age: YouTube's Role in Personal Growth. <i>Harini Seetharaman.</i>	

Note: PRESENTERS ARE MARKED IN BOLD

DAY 1 SLOT 2 (28th MARCH, 2025)

Time (IST)	SESSION 7 Sub-theme: Applied Positive Psychology	SESSION 8 Sub-theme: Nature, Sustainability, and Well-Being	SESSION 9 Sub-theme: Indigenous Healing Practices and Their Contributions to Well-Being; Intergenerational Well-Being and Cultural Values	SESSION 10 Sub-theme: Resilience Across Diverse Cultures	SESSION 11 Sub-theme: Positive Psychological Constructs in Varied Cultural Contexts	SESSION 12 Sub-theme: Miscellaneous
	Chairperson: Prof. Sushma Suri Department of Psychology Jamia Millia Islamia, New Delhi	Chairperson: Prof. Neelam Rathi Department of Psychology P.G. Govt. College for Girls, Chandigarh	Chairperson: Prof. Pooja Garg Department of Humanities & Social Sciences IIT Roorkee, Roorkee	Chairperson: Prof. Ritu Sharma Department of Psychology, Indira Gandhi National Open University, New Delhi	Chairperson: Prof. Payal Chandel, Department of Psychology, Central University Haryana, Mahendragarh	Chairperson: Prof. Shabana Anjum School of Liberal Education, Sanskaram University, Patauda Jhajjar
	Conformity: A sequential Experimental Analysis Inspired by Solomon Asch's Paradigm. <i>Sudha Rathore, Aditi Jeswani, Swati Rana, Gauri Pande, Dhanistha Jangid, Shreya Choudhary & Dolly Tanwar</i>	The Impact of State and Dispositional Awe on the development of Prosociality and Resilience: The mediating role of Spiritual Transcendence and Religiosity. <i>Ms. Arti Anil Pote & Dr. Priyaranjan Maral.</i>	Role of Yoga in Executive Function, Grit and Hope Among Women - A Comparative Study. <i>Aaheli Das, Anushka Arathdar & Papri Das.</i>	Demeter's Despair and Determination: Exploring Psychological and Cultural Vignettes of Secondary Infertility. <i>Dr. Shreya Bakshi.</i>	Deconstructing Mindful-Autonomy Paradox: Gendered Insights into Value Orientation Among Novice Meditators in a Collectivistic Context. <i>Mannu Brahmī, Alma Ali, Shreya Sarkar, Prof. Jyoti Kumar.</i>	Exploring the Role of Culture on Gratitude Expression: Cross-Cultural Differences in Gratitude and Its Impact on Well-Being. <i>Ms. Vedika Kabra & Dr. Garima Rajan.</i>
	Understanding Team Flow Experiences in Research and Development Project Teams: A Comprehensive Exploration. <i>Kiran Govind V & Sumati Sidharth.</i>	THE GREEN HAPPINESS PROJECT: CROSS-CULTURAL STUDIES ON GARDENING AND PSYCHOLOGICAL FLOURISHING. <i>Evan Bose & Chaitanya Anil Kumar.</i>	Exploring Parents' Childhood Influences on Sexual Health Communication with Children: A Qualitative Study. <i>Sandra Liz Denny, Dr. Sherin P Antony, Jeevan David Maxim.</i>	Fostering Resilience Through Quiet Ego and Non-Attachment: Structural Relationships and Gender-Academic Perspectives. <i>Mannu Brahmī, Anushka Desai, Sutapa Goswami, Ahana Viegas Raman & Prof. Jyoti Kumar.</i>	Influence of Gratitude on Depression among Religious Communities: Insights from Hindus and Christians in Kerala, India. <i>Jerin V Philipose & Akash Dubey.</i>	Cultural Dimensions of Social Comparison: Individualism vs. Collectivism and Their Psychological Impacts. <i>Akshata Tilakdas Shetty & Dr. Monalisa Nayak.</i>
2:15-3:30 PM	Developing a Positive Psychology Intervention for Acid Attack Survivors: Insights from Mental Health Experts. <i>Aastha Jain & Dr. Payal Sharma.</i>	Climate Anxiety, Connectedness to Nature, and Pro-Environmental Behaviour in Young Adults: Correlational and Regression Analysis. <i>Gara Sanjay.</i>	Muladhara Chakra and Resilience – A Narrative Review. <i>Karthika Murugan, Jesna Begam Adam Mohamed.</i>	Resilience across Cultures: Perceived Social Support as a Predictor of Resilience among Indian Young Adults. <i>Shruti Chakraborty, Sritanuka Ganguly.</i>	Cultural Perspectives of Foreign National Students on Forgiveness of Cultural Differences: A Narrative Inquiry Study. <i>Shrinkhla Pandey & Dr. Satishchandra Kumar.</i>	The Role of Collectivism and Individualism in Shaping Well-Being and Anxiety Among Elderly People. <i>Anjali Suyal, Dr. Rajesh Bhatt & Shivani Pathak.</i>
	Cultural Perspectives of Positive Psychology: The Role of Collectivism in Shaping Organizational Citizenship Behavior and Employee Flourishing. <i>Aarabi Menon.</i>	As the leaf flutters: An article on the elements from nature and culture manifesting into the lived creative experiences of the Garo tribe. <i>Neha Dhar.</i>	.Role of Childhood Experiences, Parental Attachment and Personality on Touch Experience and Attitude in Young Adults. <i>Akshita Arora, Shreenath Rajagopalan & Ammu Elizabeth.</i>	Humour as a Coping Mechanism to Build Resilience in the Classic Comedies of Hrishikesh Mukherjee. <i>Rohit Dey & Neerja Vyas.</i>	Impact of Anasakti on Emotional Regulation: A Study on UPSC Aspirants. <i>Megha Rani & Versha Rao, Vaishali Singh, Kanak Singh.</i>	Navigating Motherhood Across Cultures: A Comparative Study of Postpartum Well-Being. <i>Prutha Honrao.</i>
	Empathy and Rumination in Vicarious Trauma and Vicarious Post-Traumatic Growth Among Mental Health Professionals. <i>Sruthi Joy & Shinto Thomas.</i>	Horticultural therapy in bridging gaps through shared environmental stewardship - Narrative Review . <i>Karthika Murugan & Atchaya Karunamoorthi.</i>	Exploring the Intergenerational Differences in the Impact of Cultural Values on Psychological Well-Being and Happiness in Indian Adults. <i>Sukriti Julka & Sarika Dhingra.</i>	Resilience and Suicidal Ideation: A Comparative Study Among Chakma and Reang Tribes of Tripura a Gender Perspectives. <i>Debanjana Mukherjee & Dr. Amrita Banerjee.</i>		The Role of Perceived Social Support in Mitigating Anxiety, Depression, Perceived Stress, and Psychological Well-Being Among Young Adults. <i>Kanishka Hemani.</i>
		Savoring and Existential Gratitude: Pathways to Mitigate Climate Distress. <i>Anjo George.</i>	Development of a Youth Training Module for an Intergenerational Well-Being Program Based on College Youth Stakeholders' Inclination to Volunteer. <i>Ms. Upama Pal & Dr. Seema Mehrotra.</i>	The Interplay of Resilience and Gratitude Among Young Adults in India. <i>Archana Soni & Dr. Preetkamal.</i>		Clothing and Happiness: An Encloded Cognition Perspective. <i>Nupur Sinha.</i>
				Resilience among Indian Empty Nest Mothers. <i>Leema Varghese & Dr. Susan Varghese.</i>		Leading the Path Towards Intergenerational Well-Being: A Systematic Review. <i>Khushboo Jain & Dr. Kriti Vashishtha.</i>

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DAY 2 SLOT 1 (29th MARCH, 2025)

Time (IST)	SESSION 13 Sub-theme: Applied Positive Psychology	SESSION 14 Sub-theme: Positive Psychological Constructs in Varied Cultural Contexts; Theory and Basic Research in Positive Psychology; Globalization, Sustainable Development Goals, and Well-Being	SESSION 15 Sub-theme: Well-Being in Various Contexts	SESSION 16 Sub-theme: Cross-Cultural Perspectives on Happiness; Indigenous Healing Practices and Their Contributions to Well-Being; Culture, Aging, and Positive Psychology; Theory and Basic Research in Positive Psychology	SESSION 17 Sub-theme: Well-Being in Various Contexts	SESSION 18 Sub-theme: Miscellaneous
	Chairperson: Prof. Prerna Puri Department of Psychology University of Rajasthan, Jaipur	Chairperson: Prof. Dinesh Chhabra Department of Psychology University of Delhi, Delhi	Chairperson: Prof. Nov Rattan Sharma Amity Institute of Behavioural and Allied Sciences, Amity University, Gwalior	Chairperson: Prof. Deepti Hooda Department of Psychology Maharshi Dayanand University, Rohtak	Chairperson: Prof. Juhi Deshmukh Department of Psychology Savitribai Phule Pune University Pune	Chairperson: Prof. Mohammad Ghazi Shah Nawaz Department of Psychology Jamia Millia Islamia, New Delhi
12:15 -1:30 PM	Internet addiction: Effect on well-being in context of sleep quality and social anxiety. <i>Shubhdip Kaur, Lamath Jabin P V & Saurabh Kant.</i>	Self-Compassion, Adolescent Girls, and Delhi Slums: An Exploratory Inquiry. <i>Ekta Chopra & Dr. Pushpita Behera.</i>	Interpersonal Attachment: A Qualitative Comparative Analysis of Adopted and Biological Young Adults. <i>Sharanya Adhya & Anindita Mukherjee.</i>	Impulsive Behaviour, Self-Control, and Well-Being Among Adolescents. <i>Namita Balachandran & Dr. Susan Varghese.</i>	The Interplay of Self-Forgiveness and Self-Acceptance in Bringing Out Well-Being Across the World. <i>Vatika & Dr. Ashu Dhawan.</i>	The Impact of Parenting Styles on Self-Control Development in Generation Alpha: A Study Among Early Adolescents in Kerala. <i>Akhila P.J.</i>
	Emotional intelligence among government and private school teachers: A comparative analysis from Punjab (India). <i>Sukriti, Lovepreet Singh & Ajitpal Singh.</i>	The Psychology of Courage Amidst Dental Fear: Indian Perspective. <i>Supriya, Amra Ahsan & Rajbir Singh.</i>	Exploring the Correlation Between Self-Efficacy and Well-Being Among Female Teachers. <i>Appeksha Naikare & Dr. Anita Kumar.</i>	Transcending Cultures: A Systematic Review of Ho'oponopono in Positive Psychology. <i>Patra Raja Sulochana & Preetha D V.</i>	The Role of Psychological Well-Being in Quality Patient Care: A Focus on Nursing Professionals. <i>Ms. Pavithrakshmi K.M & Dr. Surekha C.</i>	GLOBALIZATION AND THE SOUL: EXAMINING CULTURAL DISSONANCE AND ITS IMPACT ON WELL-BEING. <i>Evan Bose & Chaitanya Anil Kumar.</i>
	A Comparative Study on Loneliness and Self-Esteem between Cyberbullied and Non-Cyberbullied Students in Assam. <i>Jasmeen Kaur & Madhusmita Neog.</i>	Exploring the Role of Perceived Social Support in Resilience-Quality of Life Dynamics of Divyang. <i>Nishi Srivastava & Dr. Chetna Jaiswal.</i>	Exploring the Effect of Performance Anxiety on Psychological Well-Being and Flow in Dancers. <i>Darpana Vonnala & Dr. Manjunath S.</i>	Existentialism: A Forerunner to Spirituality. <i>Tanishka Dhama & Dr. Sankul Sethia.</i>	Transformative Growth: Exploring Childhood Experiences and Career Motivation in Mental Health Practitioners. <i>Dr. Megha Dhillon & Jaya Shekhar.</i>	Lifestyle and Emotional Intelligence: A Synergistic Relationship. <i>Diksha Bhadoriya & Santosh Meena.</i>
	Cultural Variability in the Perceptions of and Reactions to Job Environments: Impact on Employee Wellbeing. <i>Ms. Shravani Shahane & Dr. Garima Rajan.</i>	Neuroplasticity and Positive Psychology: A Cross-Cultural Perspective of Brain Adaptability and Well-Being. <i>S. Mahi Priya.</i>	'Mantras for Mental Peace': Exploring the Psychological Healing Power of Sound on Students. <i>Gayatri Kovvuri & Dr. Garima Rajan.</i>	Interpersonal and Intrapersonal Contributory Factors to Intellectual Humility. <i>Aastha Gupta, Dinesh Chhabra & T. Vijaya Kumar.</i>	Exploring the Pre-service Teachers' Attitude Towards Positive Psychology. <i>Aashiyana Aazmin Hussain & Dr. Gopal Singh.</i>	Socio-Cultural Factors as Contributor towards Children in Conflict with Law. <i>Pranami Barua & Zoengpari.</i>
	To Study the effect of Mindfulness Based Stress Reduction on body Image in patients with Polycystic Ovary Syndrome; Experience from Central India. <i>Ms. Preeti Sadhu Pendharkar & Dr. Jaideep Khare.</i>	Building Positive Resources Among Adolescents Through Co-Curricular Activities. <i>Dr. Naziya Hasan.</i>	Emotional Dysregulation, Aggression Orientation, and Family Environment: A Comparative Study Among Young Adults with Non-Suicidal Self-Harm Injury in Kolkata. <i>Debpriya Bose & Debangana Bhattacharya.</i>		POSITIVE PSYCHOLOGY IN THE CLASSROOM: PERSPECTIVES OF PRE-SERVICE TEACHERS. <i>Aashiyana Aazmin Hussain & Dr. Gopal Singh.</i>	Interventions for Enhancing Social Skills in Adults with Autism: A Systematic Review. <i>Jeevan David Maxim, Dr. Patrick Jude L. & Sandra Liz Denny.</i>
	Conceptualizing and Operationalizing Toxic Positivity. <i>Deepika Premal & Alphonsa Jose K.</i>	ASSESSMENT OF THE PSYCHOLOGICAL STATE OF MEDICAL STUDENTS AND ITS IMPACT ON THEIR WORK SATISFACTION. <i>Aishwarya Thakur & Seema Vinayak.</i>	Enhancing Social-Emotional Learning (SEL), Mental Health, Resilience, and Pro-Social Behaviour in Primary School Students Post-COVID-19: A Pilot Study of SEL Intervention. <i>Dolly Rawat, Gauri Bhandari & Dr. Bhupender Singh.</i>			Globalisation and Mental Health: Analyzing Progress Toward SDG 3 in the Age of Digital Connectivity. <i>Moutushi Bhowmik.</i>

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DAY 2 SLOT 2, (29th MARCH, 2025)

Time (IST)	SESSION 19 Sub-theme: Applied Positive Psychology	SESSION 20 Sub-theme: Responses to Crisis: Cultural Approaches to Maintaining; Positive Psychological Practices; Resilience Across Diverse Cultures	SESSION 21 Sub-theme: Well-Being in Various Contexts	SESSION 22 Sub-theme: Resilience Across Diverse Cultures; Responses to Crisis: Cultural Approaches to Maintaining Positive Psychological Practices; Applied Positive Psychology	SESSION 23 Sub-theme: Theory and Basic Research in Positive Psychology; Globalization, Sustainable Development Goals, and Well-Being	SESSION 24 Sub-theme: Miscellaneous
	Chairperson: Dr. E Kalpana Rani Defence Research and Development Organisation (DRDO), Delhi	Chairperson: Dr. Rajinder Kaur Sokhi Defence Research and Development Organisation (DRDO), Delhi	Chairperson: Prof. Kritika Rastogi Department of Psychology, Christ University, Ghaziabad	Chairperson: Dr. V Vineeth Kumar Department of Psychology Manipal University, Jaipur	Chairperson: Dr Badri, Jaypee Institute of Information Technology, Noida	Chairperson: Prof. Nasheed Imtiaz, Department of Psychology, Aligarh Muslim University, Aligarh
	Academic Stress and Procrastination in Indian University Students: Mediating Roles of Mindfulness and Well-Being Using Structural Equation Modeling. Dr. Atreyee Bhattacharyya & Nabamita Ghosh.	A Review on Exploring the Efficacy of Bhagavad Gita in Facilitating the Facets of Post-Traumatic Growth (A Hermeneutical Analysis). Preeti Negi & Dr. Kanchan Yadav.	Finding Happiness the DINK (Dual Income, No Kids) Way: A Meta-Analysis. Jyoti Sangwan, & Prasha Saggi.	Resilience Across Diverse Cultures. Aradhana Kumari.	Validation of the Authenticity Scale Among Indian Adults. Prachi Sharma.	Mindful Threads: Exploring the Interplay of Mindful Attention Awareness, Rumination, and Stress Dynamics Among Young Adults. Chandnani Tanya & Debasmita Sen.
	FORGIVENESS, MINDFULNESS, AND EMOTIONAL REGULATION IN RELATION TO EARLY MALADAPTIVE SCHEMAS IN YOUNG ADULTS. Sandra Joshy & Ashwani K A.	Understanding Indian Adolescents' Experiences of Parental Intimate Partner Violence. Meenakshi Harikrishna & Dr. Joice Steffi Y.	The Feedback-Filter Feedback Loop: Examining Social Media's Impact on Self-Concept Clarity Among Young Adults. Vaishnavi P.	Cultural Perspectives and Resilience Among Female Sex Workers: A Qualitative Case Study Approach. Maria Sumitha.	The Interplay Between Gender Norms, Patriarchy, and Mental Health in Young Adults. Shreya Rana.	Silent Struggles: The Interplay Between Loneliness and Stress in Endocrine Disorders. Preeti & Dr. Ashu Dhawan.
3:30-4:45 PM	Resilience and Post-Traumatic Growth in Career Transitions: A Review-Based Analysis. Victor Dhavaraj S & Vijaya R.	Role of Emotional Intelligence and Self-Esteem in Individuals with Non-Suicidal Self-Harm. Khyati Jain, Dr. Satyam & Dr. R.P. Beniwal.	Investigation of Teacher Trainees' Psychological Well-Being with Reference to Different Academic Streams. Dr. Saman Zaki.	A Study on the Relationship Between Resilience and Music Preferences Among Adolescent Learners. Monalisa Maibam & Dr. Manjusha Deka Saikia.	Gender Differences in Coping Skills and Self-Esteem Among Adults with Substance Abuse Disorders in Confined Rehabilitation: Kolkata and Surrounding Suburban Region Culture. Adhip Bit, Anindita Mukherjee & Ninita Paul Chowdhury.	Effect of Mindfulness Based Training Program on Psychological Well-being of Higher Secondary School Students. Varsha Kriplani. Dr. Laxmi Narayan. Rathore.
	'Integrating Positive Psychology Techniques with Cognitive Behavioral Therapy to Enhance Therapeutic Outcomes. Dr. Himani Upadhyaya & Dr. Vinaya Prabha	Exploration of Friendship Folklores: A Comparative Study of Individualistic and Collectivistic Cultures. Nishtha & Dr. Daisy Sharma.	Personality Traits As Mediators In The Creative Process : A Study Of Flow , Mindfulness, And Emotional Expressivity Across Mediums. Lekshmi Parvathy A, Fiona Rachel Sony Nandha Kumar V & Sathvikaravi.	Assessing Positivity Quotient and anxiety level among CareTakers of Psychiatric Patients. Dr. Rinita Jain, Dr. Paramjeet Singh & Khushboo Pareek.	QUALITY OF LIFE AND BURNOUT AMONG TEACHERS IN PRIVATE SCHOOLS IN INDIA. Vaishali Sharma & Prof. Seema Srivastava.	Gender and Attachment: Unravelling the Tapestry of Young Adults in Punjab. Romanpreet Kaur & Prachi Bisht.
	Application of Positive Psychology in Intellectual Disability Context: A Systematic Review and Bibliometric Analysis. Yogesh Yadav & Dr. Namrata.	Story-ing Resilience: Navigating Resilience in Marginalized Communities of India Through Narratives and Folklore. Somya Sharma & Sarthak Paliwal.	The Efficacy of Gratitude-Based Positive Psychotherapy in Enhancing Well-being Among Adolescent: A Pilot Study. Elsy N J & Dr. Aneesh Kumar P.	Effectiveness of Mobile Applications in Improving Mental Health and Wellbeing Among Young Adults: An Experimental Study Using Pre and Post Tests of Depression, Anxiety, Stress, and Psychological Wellbeing. Dr. Neema Ann Philip & Ms. Junice Lizy James.	The Negative Role of Empathy in Novice Mindfulness: A Neurobehavioral Mixed Method Analysis. Mannu Brahma, Alma Ali, Shreya Sarkar & Prof. Jyoti Kumar.	Menstrual Disorders: The Physical and Psychological Effects on Women's Mental Health. Additya Renuse & Gauri Bhandari.

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