

Dr. Sonia Suchday
Professor and Chair,
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Bio

Prof. Sonia Suchday is a Clinical Health Psychologist with over 25 years of experience. A first-generation immigrant from Mumbai, India to the US she is a dedicated leader, educator, program builder, and researcher. She has embraced diversity in every aspect of her life, research, education, and leadership. She is currently Professor and Chair of the Psychology Department at Pace University. Prof. Suchday is also a member of the Pace University Board of Trustees. She is the former chair of the US National Committee on Psychological Sciences at the National Academy of Sciences and is a representative of the International Union of Psychological Sciences to the United Nations. As the former founding Co-Director of the Institute of Public Health Sciences at the Albert Einstein College of Medicine, Prof. Suchday has extensive experience in building international educational and research programs and international partnerships. Her research spans diverse, interdisciplinary topics such as the effects of anger and hostility on health, acculturation among Chinese immigrants, and the effects of globalization in emergent markets such as India. Her recent work includes the effects of spirituality on health and wellbeing.