

Session No.	Best Presenter	Title
Session1	Ekta Chopra	Is Self-Compassion a thing? Exploring Self-Compassion among Delhi School Students.
Session2	Shivangi Gupta	Role of Internalized homonegativity and Sexual orientation concealment on wellbeing: A study on sexual minorities in India.
Session3	Dr. Vidhya Satish	Positive Parenting during the Pandemic of COVID-19.
Session4	V Swedhaa Shanmathi	Exploring the Influence of Mindful Observation, Biospheric Value and Personal Norms in Shaping Pro-Environmental Behavior among Adolescents: A Mediation Analysis"
Session5	Shravani Bhattacharyya.	Spatial favorability and its influences on health and wellbeing: understanding solution focused brief perceptions of city residents.
Session6	Dr.Sonal Paliwal	Helicopter Parenting as a Predictor of Self-Esteem and Self-Efficacy in young Indian adults.
Session7	Dr. Priyanka Padhy	Playing in the Waiting Room: Understanding the Social Ecology of Resilience in Children with Chronic Illnesses.
session8	Bidita Das	An Analysis of Children's Stories Through the Lens of PositivePsychology.
session9	Sarita Sood	Relationship Between Perceived Stress Flow State And Autotelic Personality In University Students.
Session10	Namita Narula	Virtual Ties: Examining the Interconnectedness of Happiness, Social Media, and Perceived Intimacy
Session11	Prerna Panda	mediating role of employee resilience, agility, and moderating role of collectivism.
Session12	Devika M Lal	Exploring positive psychological intervention for student wellbeing in the Indian educational setting: A systematic literature review.

Session13	Soni Jaiswal	Exploring Body Image Issues and its impact on Quality of Life among College Students of Delhi-NCR
Session14	Vanshika Talus	Beliefs in Synchronicity and its relationship with personal control, meaning in life, and well-being: Did this happen because I thought of it?
Session15	Urmi Gupta	Sporting Performance Beyond Training and Nutrition: Conceptual Framework for Bridging the Pathways Via Positive Psychology.
Session16	Sonia Bhatia	Igniting Young Minds: A Comprehensive Life Skills Program for Positive, Holistic Personal and Social Development of the Young Minds
Session17	Shikha Aahuja	“You know, I can adapt”: a qualitative study of personality strengths of individuals with substance use disorders
Session18	Dr Sipra Khuntia	Effectiveness of Positive Psychotherapy (PPT) for Improving PERMA Dimensions among Moderately Depressed Adolescents: A Qualitative Analysis