

National Positive Psychology Association



We are happy to announce Phase - 2 results of abstracts submitted for the 1st International Conference on Positive Psychology by the National Positive Psychology Association. We request you to please check if it has been accepted for oral/poster/symposium presentation.

Title	Author(s)	Decision (Oral/Poster/Symposium)
STRESS AND COPING STYLE ACQUIRED BY WORKING WIDOWS OF HARYANA : A STUDY	RUPA MISHRA	POSTER
THE ROLE OF SELF-COMPASSION IN RELATION TO ATTACHMENT STYLE AND EMOTION REGULATION AMONG PATIENTS WITH DEPRESSION	APARNA VERMA, DR. NEHA SAYEED, DR. (PROF.) BASUDEB DAS	ORAL
SPIRITUALITY IN EDUCATION: MAKING "SPIRITUAL INTELLIGENCE" COUNT	SMARIKA DALAL	ORAL
THE IMPACT OF ANIME ON THE MENTAL WELLBEING OF YOUNG ADULTS: AN EXPLORATORY STUDY	DR.RITTY FRANCIS, MS.NAGARASHMI	ORAL
ENHANCING WELL-BEING OF SCHOOL STUDENTS IN INDIA: ROLE OF POETRY	PROF. RAINA CHHAJER	ORAL
MANAGING TERROR WHEN IDEOLOGICAL DIFFERENCES RESULT IN VIOLENCE: THE POSITIVE PSYCHOLOGY OF ACCEPTING DEATH	PRASHA SAGGU	ORAL

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UNDERSTANDING COMMUNITY'S PERSPECTIVE ON OPEN SPACES IN GUWAHATI	SHRAVANI BHATTACHARYYA & DR. SUPARNA DHAR	ORAL
THE INFLUENCE OF COPING STYLES AND PSYCHOLOGICAL DISTRESS AMONG EMERGING ADULTHOOD	MONALISA MAIBAM & DR MANJUSHA DEKA SAIKIA	ORAL
EFFECTIVENESS OF POSITIVE BEHAVIOUR THERAPY ON STRESS AMONG PARENTS OF INTELLECTUAL DISABILITY CHILDREN	G.SASIKALA & P.PANNEERSELVAM	ORAL
PSYCHOLOGICAL CAPITAL AND EMPLOYEE ENGAGEMENT AS CORRELATES OF WELL-BEING AMONG SOFTWARE EMPLOYEES	DR. P. SWATHI & P. SHRUTHI	ORAL
PROFILE OF CHARACTER STRENGTHS RELATED TO COURAGE AS VIRTUE AMONG HEALTH PROFESSIONALS	SUPRIYA, RAJBEER SINGH	ORAL
ORGANIZATIONAL VIRTUOUSNESS AND WORK-WELLBEING OUTCOMES: POSITIVE AFFECT AS A MEDIATOR	PRERNA PANDA, DR. PANKAJ SINGH	ORAL
DOES ANXIETY CORRELATES WITH REACTION TIME AND WORKING MEMORY AMONG UNDERGRADUATE STUDENTS OF TECHNICAL UNIVERSITY	SANAMPREET KAUR, PRIYANKA RAM KUMAR GUPTA	ORAL

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THE ROLE OF AUTHENTICITY ON SELF-REFERENTIAL AND EXTERNALLY PERCEIVED CONTINUUM: A SYSTEMATIC REVIEW	SAYUJYA, ROMATE JOHN, ESLAVATH RAJKUMAR & ASWATHY GOPI	ORAL
THE RELATIONSHIP BETWEEN SELF-EFFICACY AND LIFE SATISFACTION AMONG MIZO ADOLESCENTS	PROF. RINPARI RALTE LALRINAWMI RAWITE GRACY LALRINNGHETI FANAI	ORAL
A STUDY ON THE RELATIONSHIP BETWEEN HARDINESS AND IDENTITY STATUS AMONG ADOLESCENTS	A. UMA MAHESWARI	ORAL
WORLD OF WOMEN AROUND STRENGTH, BELIEF SYSTEMS AND SAFE SPACE - AN EXPLORATORY STUDY	SHIVANI BHAGAVATULA	ORAL
WELL-BEING AND QUALITY OF LIFE OF GERIATRIC POPULATION IN INDIAN OLD AGE HOMES	MR. VERNON DMELLO, DR. DILWAR HUSSAIN	ORAL
THE ACTUAL AND IDEAL SELF-DISCREPANCY IN BIG FIVE FACTORS OF PERSONALITY AND THEIR ASSOCIATION WITH HAPPINESS AND LIFE SATISFACTION IN YOUNG INDIAN ADULTS	DR. SONAL PALIWAL	ORAL
MEDIATING ROLE OF SELF-COMPASSION BETWEEN COGNITIVE DISTORTION AND FLOURISHING AMONG YOUTH	SAURAV UNIYAL ; DR. DEEPAK SINGH	ORAL

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TOWARDS AN UNDERSTANDING OF SPIRITUAL HAPPINESS BASED ON THE BHAGAVAD-GITA	J. AJITH KUMAR	ORAL
WELL-BEING AND SCHOOL PERFORMANCE AMONG ADOLESCENT STUDENTS AND THEIR PARENTS IN KERALA	ALEXANDER OSTROVIK, MALINI LM FREY	ORAL
PARENTAL AWARENESS AND CONCERNS ABOUT THEIR CHILDREN'S SMARTPHONE OVERUSE AND MISUSE, AND MEASURES ADOPTED TO PROTECT THEIR CHILDREN	ANITA SIVAPRASAD & DR. MALINI LM FREY	ORAL
PERCEPTIONS OF SELF, AND PERCEPTIONS OF PARENTING BEHAVIOR: A STUDY AMONG SCHOOL ATTENDING ADOLESCENTS OF KERALA	SWAPNA JOSE & DR. MALINI LM FREY	ORAL
FINDING HAPPINESS AND MORAL VALUES: DAY SCHOOLER AND RESIDENTIAL SCHOOL STUDENTS	MAYANK TIWARI	ORAL
SPIRITUALITY AS PREDICTOR OF POSITIVE CHANGE: PLS-SEM BASED STUDY	SARITA SOOD	ORAL
MEDIATING ROLE OF RESILIENCE BETWEEN INTERPERSONAL SUPPORT AND GRIT	TANYA RAJANI AND JACQUELINE KAREEM	ORAL

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GENDER DIFFERENCES IN BODY IMAGE DISSATISFACTION AMONG YOUNG ADULTS	BHAVIKA N RAUT, ADITI J WAGHMARE	ORAL
TALKING ABOUT STIGMA: PUBLIC FORUMS AS A CATALYST TO CHANGE IN SOCIETY	SHIKHA SONI AND DR. AMRITA DEB	ORAL
EMPLOYEE'S HAPPINESS AND WELL-BEING AT WORKPLACE: A STUDY OF VISVA-BHARATI, SANTINIKETAN	DR. SARITA ANAND & SK MARJINA	POSTER
EFFECTIVENESS OF MINDFULNESS-BASED YOGA TRAINING ON NEED FOR ACHIEVEMENT, ACADEMIC CHALLENGE AND ATTITUDE TOWARDS EDUCATION: A FINDING FROM SENIOR SECONDARY STUDENTS	DR. RAJESH GANESAN, & MR. RITU RAJ GOGOI	ORAL
MOTIVATIONAL PREDICTORS OF PHD STUDENTS' WELL-BEING AND PROGRAM SATISFACTION	MARCHUK LARISA, TAMARA GORDEEVA	
POSITIVE AGEING IN WOMEN – ROLE OF RESILIENCE	BHAVIKA THAKKAR	ORAL
STUDY OF RELATIONSHIP BETWEEN PERSONALITY AND HAPPINESS AMONG COLLEGE STUDENTS.	MOHINDAR GHRITLAHARE AND DR. PRIYAMVADA SHRIVASTAVA.	POSTER
CULTURAL CONSTRUCTION OF PSYCHOLOGICAL RESILIENCE IN ELDERLY OF INDIA: A GROUNDED THEORY APPROACH	AMIT PRAKASH	ORAL

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IMPACT OF MUSIC THERAPY ON ALLEVIATING STRESS IN ATHLETES	PALLABI PARASAR	ORAL
POSITIVE PSYCHOLOGICAL INTERVENTIONS BASED ON NON-VIOLENT COMMUNICATION: A SCOPING REVIEW	MISS. JULIA GRACE JACOB; PROF. ROMATE JOHN; DR. RAJKUMAR ESLAVATH	ORAL
THE IMPACT OF BARIATRIC SURGERY ON QUALITY OF LIFE - SOCIAL SUPPORT AND RESILIENCE AS PROTECTIVE FACTORS	MS. VIDHI MONGA	ORAL
RELATIONSHIP BETWEEN POSITIVE ILLUSIONS, NARCISSISM AND TOLERANCE TO UNCERTAINTY AMONG COLLEGE STUDENTS IN TAMIL NADU	KAMALA. M, KEERTHANA.S & DR. RAGITHA RADHAKRISHNAN	POSTER
CULTIVATING FORGIVENESS: LESSONS FROM JAINISM FOR INTERGROUP RELATIONS	DR. SWATI JAIN & DR. SURBHI KUMAR	ORAL
MODELLING PSYCHOLOGICAL FLEXIBILITY WITH MINDFULNESS FOR STUDENTS' WELLBEING	JYOTI MOTWANI, AAKANKSHA KATARIA	ORAL

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IMPACT OF MINDFULNESS AND GRATITUDE BASED INTERVENTION ON COGNITIVE EMOTION REGULATION AMONG ADOLESCENTS	BIRUHASTHA. S; KRISHNA. K	ORAL
SURRENDER TO GOD AS A COPING TECHNIQUE OF PSYCHOLOGICAL DISTRESS: A CONCEPTUAL FRAMEWORK.	SHRISHTY MANCHANDA AND DR. DEEPAK SINGH	ORAL
PERCEPTIONS OF FIT AND JOB SATISFACTION AMONG HIGHER EDUCATION TEACHERS	KOMAL SHARMA & SARITA SOOD	ORAL
EFFECT OF ORGANIZATIONAL HEALTH ON ORGANIZATIONAL CITIZENSHIP BEHAVIOUR IN BANK EMPLOYEES	DR. NIDHI TRIPATHI & DR. SUSHMA PANDEY	ORAL
THE EFFICACY OF SOCIAL EMOTIONAL LEARNING INTERVENTION ON EMOTIONAL MATURITY AMONG MIGRANT WORKER'S CHILDREN	VIDYA. B & DR. K.V. KRISHNA	ORAL
HOW LOGOTHERAPY AFFECTS HAPPINESS IN MARRIAGE	ANSHU KIRAN, SHUBHAM SHARMA, DR. SIMPLEJIT KAUR DHANOA, DR. SMARIKA PAREEK	ORAL
SAVORING, EMOTION REGULATION, AND FLOURISHING AMONG EARLY ADULTS	ANJO GEORGE, DR. M. VINOTHKUMAR	ORAL
PSYCHOLOGICAL FLEXIBILITY AND WELL-BEING IN STUDENTS: ROLE OF LOCUS OF CONTROL, SELF-ESTEEM, AND ACADEMIC PROCRASTINATION	PROCHETA MAHANTA DR. NARENDRA NATH SAMANTARAY	ORAL

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EXPLORING VICTIMIZATION AND RESILIENCE AMONG KASHMIRI PANDIT INTERNALLY DISPLACED PERSONS (IDPS) USING THEMATIC ANALYSIS	ARITRA MUKHERJEE	POSTER
PSYCAP, PERCEIVED STRESS & EMOTIONAL REGULATION AMONG FEMALE COLLEGE TEACHERS IN TAMIL NADU	DR. RAGITHA RADHAKRISHNAN & DR. KUMAR RAJENDRAN	ORAL
IMPACT OF VIRTUAL EMOAID SELF-HELP PROGRAM ON WELL-BEING & SELF-EFFICACY	DR SHILPA GUPTA, ETI GOEL, DR DEEPAK GUPTA, AAYUSHI MITTAL	ORAL
ASSESSING THE IMPACT OF HR PRACTICES ON THE PSYCHOLOGICAL CAPITAL OF IT EMPLOYEES IN RELATION TO ORGANIZATIONAL COMMITMENT.	PROF. C.M THYAGARAJA & BHARATHI.POLISGOWDAR	ORAL
PROCRASTINATION AMONG ADOLSCENTS	SOWMYA J AND DR. K V KRISHNA	POSTER
RELATIONSHIP BETWEEN HOPE AND BURNOUT AMONG UNIVERSITY STUDENTS	NIDHI MITTAL & DR. RAYEES MAHAMMAD BHATT	ORAL
CHARACTER STRENGTHS, STRENGTHS USE AND LIFE SATISFACTION	ANJALI MALIK AND DR. NEETA SINHA	ORAL

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UNDERSTANDING THE LINKAGE BETWEEN HOPE, OPTIMISM & SUBJECTIVE WELL-BEING AMONG STUDENTS	VASUDHA SINGH	ORAL
RELATIONSHIP AMONG MINDFULNESS, EMOTION REGULATION AND CRAVING IN PATIENTS WITH ALCOHOL USE DISORDER	RIYA, DR N K CHANDEL , DR NANDHA KUMARA PUJAM	ORAL
FEAR OF HAPPINESS: PREDICTORS OF SUBJECTIVE WELL-BEING AMONG EMERGING ADULTS WITH RESPECT TO GENDER AND RELIGION	DR.TAHERA HOQUE MOZUMDAR , DR. MAHUYA DEB, DR. BANANI BASISTHA, DR. ARUNA DEV RROY AND DR. FARIZA SAIDIN	ORAL
HOPE, RESILIENCE, INTOLERANCE TO UNCERTAINTY AND FEAR OF COVID - 19 AMONG ADOLESCENTS DURING PANDEMIC	KANISHKA AGARWAL & WAHEEDA KHAN	ORAL
MINDFULNESS AND COMMUNICATION BASED SELF-EFFICACY	DIGHREANDR SINGH DR. AAKANKSHA KATARIA	POSTER
THE EFFECTS OF MEDITATION ON WELL-BEING	PRIYA AHALAWAT, DR.ANITA MORAL	POSTER
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PSYCHOLOGICAL CORRELATES OF ADVERSITY EXPOSURE AMONG KASHMIRI YOUTH	IRFAN FAYAZ, PULKIT KHANNA, MANJUSHREE PALIT, KULPREET KAUR	ORAL
PRANIC HEALING: AN ENERGY INTERVENTION FOR FLOURISHING	SYMPOSIUM CHAIRPERSON: DR KIRAN KUMAR K. SALAGAME	SYMPOSIUM
STUDENT WELL-BEING IN THE POST-PANDEMIC TIMES: BEST PRACTICES	SYMPOSIUM CHAIRPERSON: DR. SHAILAJA SHASTRI	SYMPOSIUM