

**Prof. Manas K Mandal, PhD, FNAPsy**

Fulbright Fellow - USA (UPENN-2021),

Harvard University (2003), Delaware University (1986)

Shastri fellow ( UWaterloo-1993), NSERC Fellow (UWaterloo-1994)

DAAD Fellow (Aachen University-Germany 2018)

Fellow: National Academy of Psychology (India)

### **Bio**

Prof. Manas K Mandal is a Distinguished Visiting Professor at Indian Institute of Technology – Kharagpur, & Adjunct professor at National Institute of Advanced Studies (NIAS), & at Allahabad University (AU), and as Emeritus Professor at Rashtriya Raksha University (RRU), India. Formerly a Distinguished Scientist and Director-General - Life sciences in DRDO, India. Prof. Mandal specializes in the areas of Neuropsychology & Cognitive Sciences. He was elected as the Fellow of National Association of Psychology in India in 2012; and for his contribution to Military Psychology, he was given away the ‘Technology Leadership Award’ by the then Defense Minister of India (2016) and the 'Scientist of the Year' award by the Prime Minister of India in 2006 (DRDO). Dr. Mandal has to his credit 14 books, over 100 research papers in international journals of high repute with 7000+ international citations of research work.

**Keynote address on:**

**The Science of Happiness: Unanswered questions**

**Abstract**

What brings happiness in life? Is happiness a choice or a compulsion? Is it a cognitive state or an affective orientation? Are we hard-wired to focus more on negativities? Possibly, we do not have answers to those questions in simple terms. In this talk, the effort will be to raise more questions than giving answers since the idea behind is to unfold the secret behind happiness. Such questions will help us develop models to test the construct of happiness in a transdisciplinary manner for the benefit of those curious about pursuing the science of happiness.