

Project Sangath

Bio

Sangath, started in 1996, has grown into one of the world's recognized mental health research NGO, headquartered in Goa with hubs in Delhi and Bhopal. The organization has conducted many research projects in partnership with state government across India, collaborating with organizations such as Wellcome Trust (UK), NIH, GCC McArthur Foundation, MRC (UK), TATA Trust, receiving national and international awards in recognition of our innovative research.

Presenters from Sangath:

Mr. Deepak: Director of Projects, Sangath. He is a trained public health professional with over 13 years of experience in leading large-scale trials.

Mr. Azaz: Director of Interventions and Training, Sangath. He is a trained in psychology and has more than 15 years of work experience in implementation and research, end-to-end health programme management, capacity building of mid-level health professionals, teaching and psychotherapy.

Mr. Abhishek: Senior Research Coordinator; AANAND. He is a trained Psychologist; working in the field of global mental health research.

Ms. Lochan: Intervention Coordinator, AANAND. She is an Anthropologist and Public Health Researcher, with her research interests in intersectionality of gender, health inequities and policy.

Keynote Address on:

Sangath and Mental Health Services: Experiences and Challenges

Abstract

In this session, we would walk you through the significant initiatives and contributions by Sangath in the field of mental health, briefly discussing the research and their impacts. We would discuss exclusively, one of the projects: 'AANAND', laid on theoretical framing of positive psychology, which aims to leveraging the character strengths of ASHAs, the community health frontline volunteers of health system, India. We would reflect upon some of the significant findings and observations from the field.